



BABY CARE

PRENATAL ESSENTIALS™

THE SAFE AND EFFECTIVE CHOICE

A QUALITY PRENATAL SUPPLEMENT

- As a registered FDA Drug Establishment, USANA follows pharmaceutical standards for quality, strength, identity, and purity
- BabyCare Prenatal Essentials will appear in the 2014 edition of the *Physicians' Desk Reference*
- Comes with a potency guarantee

SUPERIOR NUTRITION

- Contains safe and effective levels of nutrients
- Formulated with beta-carotene—the provitamin carotenoid form of vitamin A, which does not pose a toxicity risk. One daily dose contains the same levels you'd find in one carrot
- An excellent source of iron and folic acid
- Additional nutrients, such as choline, vitamin K, selenium, and chromium make the BabyCare Prenatal Essentials a well-rounded supplement for supporting a healthy mother and baby*

"I highly recommend USANA supplements to my patients and have consistently seen their positive influence within our patient population. I wouldn't be comfortable recommending any other brand."

—Michelle Harden, MD, obstetrician/gynecologist

PRENATAL MEGA ANTIOXIDANT

SUPPLEMENT FACTS	
SERVING SIZE: 2 TABLETS	
AMOUNT PER SERVING	%DV*
VITAMIN A (AS BETA CAROTENE)	7,500 IU 90%
VITAMIN C (AS CALCIUM, POTASSIUM, MAGNESIUM & ZINC ASCORBATES)	650 mg 1080%
VITAMIN D3 (AS CHOLECALCIFEROL)	900 IU 225%
VITAMIN E (AS D-ALPHA TOCOPHERYL SUCCINATE)	200 IU 670%
VITAMIN B1 (AS THIAMIN HCL)	13.5 mg 790%
VITAMIN B2 (AS RIBOFLAVIN)	13.5 mg 675%
NIACIN (AS NIACIN AND NIACINAMIDE)	20 mg 100%
VITAMIN B6 (AS PYRIDOXINE HCL)	16 mg 640%
FOLATE (AS FOLIC ACID)	500 µg 60%
VITAMIN B12 (AS CYANOCOBALAMIN)	100 µg 1250%
BIOTIN	150 µg 50%
PANTOTHENIC ACID (AS D-CALCIUM PANTOTHENATE)	45 mg 450%

*%DV FOR PREGNANT WOMEN.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, INOSITOL, PREGELATINIZED STARCH, RUTIN, MIXED TOCOPHEROLS, CROSCARMELOSE SODIUM, CHOLINE BITARTRATE, N-ACETYL L-CYSTEINE, HESPERIDIN, ASCORBYL PALMITATE, DEXTRIN, OLIVOL™, OLEA EUROPAEA (OLIVE FRUIT) EXTRACT**, QUERCETIN, ALPHA-LIPOIC ACID, SILICON DIOXIDE, CAMELLIA SINENSIS (GREEN TEA) EXTRACT, CURCUMA LONGA (TURMERIC) EXTRACT, LUTEIN, COENZYME Q10, PUNICA GRANATUM (POMEGRANATE) EXTRACT, LYCOPENE, VITAMIN K, DEXTROSE, SOY LECITHIN, CINNAMOMUM CASSIA (CINNAMON) EXTRACT, SODIUM CARBOXYMETHYLCELLULOSE, VACCINIUM MYRTILLUS L. (BILBERRY) EXTRACT, SODIUM CITRATE. CONTAINS SOY.

DIRECTIONS: TAKE TWO (2) TABLETS TWICE DAILY WITH FOOD.

NDC 51861-103

PRENATAL CHELATED MINERAL

SUPPLEMENT FACTS	
SERVING SIZE: 2 TABLETS	
AMOUNT PER SERVING	%DV*
CALCIUM (AS CALCIUM CITRATE AND CALCIUM CARBONATE)	135 mg 10%
IODINE (AS POTASSIUM IODIDE)	150 µg 100%
MAGNESIUM (AS MAGNESIUM CITRATE AND MAGNESIUM AMINO ACID CHELATE)	150 mg 35%
ZINC (AS ZINC CITRATE)	10 mg 70%
COPPER (AS COPPER GLUCONATE)	1 mg 50%
IRON (AS FERROUS FUMARATE USP)	14 mg 80%

*%DV FOR PREGNANT WOMEN.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL CELLULOSE, CROSCARMELOSE SODIUM, ASCORBYL PALMITATE, MANGANESE GLUCONATE, SELENIUM AMINO ACID COMPLEX, PREGELATINIZED STARCH, SILICON DIOXIDE, DEXTRIN, L-SELENOMETHIONINE, CALCIUM SILICATE, HYDROLYZED RICE PROTEIN, VANADIUM CITRATE, MOLYBDENUM CITRATE, DEXTROSE, SOY LECITHIN, CHROMIUM POLYNICOTINATE, ULTRA TRACE MINERALS, VANILLA EXTRACT, SODIUM CARBOXYMETHYL CELLULOSE, SODIUM CITRATE. CONTAINS SOY.

DIRECTIONS: TAKE TWO (2) TABLETS TWICE DAILY WITH FOOD.

NDC 51861-102



Contact your local USANA Associate for more information.



USANA Health Sciences, 3838 West Parkway Blvd., Salt Lake City, UT 84120

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.